

SOUND board

LYRICS BORN

THURSDAY, OCTOBER 15, THE ELDO, 10 P.M.

Among the dusty records of UC Davis' KDVS college radio station, Tom Shimura, who currently makes records as Lyrics Born, found too much to love. Sandwiched between gatefold LPs, 12-inch singles, dub versions and white-labels was a reservoir of inspiration that he would draw on for the following decades. That was then. This is now. Since his college days, Bay Area-native Lyrics Born's raw, authentic talent has been polished to a gleaming beacon of originality in a time when it's needed most, and its release marks a new era of label relations. "The old model is dead, you can't just put it out and expect people to get it," explains LB, and the state-



Lyrics Born

PHOTO BY DOMINIC KF WONG

ment could easily be applied to his sound or his approach to marketing the finished product.

INTUIT

SATURDAY, OCTOBER 17, THE ELDO, 10 P.M.

Intuit formed in 2011 in Boulder and began to shape their sound and intentions together on the campus of Naropa University with roots in reggae, funk, jazz, blues, hip-hop, folk and world music, the band has developed a distinguishable sound of their own. Their songwriting crosses genres with a rich improvisational component that keeps a fresh live energy to their wide repertoire of original music. With heart-warming lulls, climactic peaks, and endless stylistic shape-shifting, Intuit delivers a captivating groove that all can enjoy. Inspired by their shared love for the earth and all her creatures, as well as a dedication to building community and growing together, each song has a message inviting us to go beyond the surface into a deeper sense of knowing. Let the music lift you up and take you in.

COMMUNITY calendar THURSDAY, OCTOBER 15-WEDNESDAY, OCTOBER 21

THURSDAY 15

- 6:45 a.m. Meditation at Yoga for the Peaceful, by donation.
- 7 a.m. The Whatever Class at The Gym. 349-2588.
- 8 a.m. Ecumenical Meditation at UCC.
- 8:30 a.m. Women's book discussion group at UCC.
- 8:30-9:30 a.m. Worship Service at Oh-Be-Joyful Church.
- 8:30-9:45 a.m. Vinyasa Flow Yoga - All Levels. Town Hall Fitness Room.
- 8:45-10 a.m. Vinyasa at Yoga For The Peaceful.
- 9 a.m. Guided Walking Tour of Crested Butte with the Crested Butte Mountain Heritage Museum. Meet at museum. 349-1880.
- 9 a.m.-3 p.m. Gunnison County Branch Office is open at the Crested Butte Town Offices.
- 10 a.m. Mothering Support Group at Oh Be Joyful Church. (Last Thursday of every month.)
- 10-11:15 a.m. Ayuryoga - Yoga Rejuvenation. Town Hall Fitness Room.
- 10:30-11:45 a.m. Yoga Basics at Yoga For The Peaceful.
- 11:30 a.m.-12:30 p.m. Lunch Break Yoga. All levels. Town Hall Fitness Room.
- noon All Saints in the Mountain Episcopal Church Community Healing Service at Queen of All Saints Catholic Church. 349-9371.
- noon CORE Stability. 970-901-4413.
- noon-1:15 p.m. Prana Vinyasa at Yoga For The Peaceful.
- 12:30 p.m. ACBL Sanctioned Open Bridge Game. 349-5535.
- 4-5:30 p.m. St. Mary's Garage. 300 Belleview, Unit 2. Free clothing and bedding. 970-275-5285.
- 4:30-6 p.m. Crested Butte Community Food Bank open at Oh Be Joyful Church (First Thursday of every month.)
- 5:30 p.m. Communion Services at Queen of All Saints Catholic Church.
- 5:30-6:45 p.m. Slow Flow at Yoga For The Peaceful.
- 5:30-6:45 p.m. Vinyasa Flow Yoga. All levels. Town Hall Fitness Room.
- 5:45 p.m. Werk It Class at The Gym. 349-2588.
- 6-7:15 p.m. Winter Conditioning class at the Middle School Gym. (runs through Nov. 19)
- 6-8 p.m. Adult outdoor pick-up soccer in Town Park. 349-5338.
- 6:30 p.m. AA Open Meditation at UCC.
- 7 p.m. Women Supporting Women Group Discussion at the Nordic Inn.
- 7:30 p.m. Narcotics Anonymous meets at 114 N. Wisconsin St. in Gunnison.

FRIDAY 16

- 6:30 a.m. All Levels Iyengar Yoga Class at The Gym. 349-2588.
- 8-8:45 a.m. Aerial Conditioning with the Crested Butte Dance Collective at the Center for the Arts. 349-7487.
- 8:30 a.m. Alanon at UCC Parlour (in back). 349-6482.
- 8:30-9:30 a.m. Worship Service at Oh-Be-Joyful Church.
- 8:30-9:45 a.m. Vinyasa Flow Yoga. All levels. Town Hall Fitness Room.
- 8:45 a.m. Core Power Yoga Class at the Pump Room.
- 8:45-9:30 a.m. Open Aerial Dance with the Crested Butte Dance Collective at the Center for the Arts. 349-7487.
- 9 a.m. Juliette's Balance Barre at Western Pilates Studio in Crested Butte. 596-1714.
- 9-10:30 a.m. Prana Vinyasa at Yoga For The Peaceful.
- 10-11 a.m. Kundalini Yoga. All levels. Town Hall Fitness Room.
- noon-1:15 p.m. Restorative Yoga at Yoga For The Peaceful.
- noon Closed AA at UCC.
- noon Metabolic Blast at CORE. 970-901-4413.
- 4:30-5:45 p.m. Community Flow Yoga at Yoga For The Peaceful.
- 5:30 p.m. Communion service at Queen of All Saints Catholic Church.
- 5:30-7:30 p.m. Pick-Up adult Karate, Fitness Room at Town Hall.
- 6-7 p.m. Poi Playshop at the Pump Room.

SATURDAY 17

- 7:30 a.m. Open AA at UCC.
- 8 a.m. Indoor Cycling Class at The Gym. 349-2588.
- 8:30-9:30 a.m. Worship Service at Oh-Be-Joyful Church.

- 8:45-10 a.m. Prana Vinyasa at Yoga For The Peaceful.
- 9-10:15 a.m. Vinyasa Flow Yoga. All levels. Town Hall Fitness Room.
- 9-10:30 a.m. Community Yoga at the Sanctuary Yoga & Pilates Studio, Gunnison.
- 9:15 a.m. All Levels Yoga Class at The Gym. 349-2588.
- 10:30 a.m. Hip Hop Community Dance Class at the Pump Room (above Fire House on 3rd & Maroon). 415-225-5300.
- 10:30-11:45 a.m. Slow Flow at Yoga For The Peaceful.

SUNDAY 18

- 7-8 a.m. Meditation at Yoga For The Peaceful, by donation.
- 8:30 a.m. Mass at Queen of All Saints Catholic Church.
- 8:30-9:30 a.m. Worship Service at Oh-Be-Joyful Church.
- 9 a.m. Worship Service at UCC Church.
- 9-10:15 a.m. Easy flow at Yoga For The Peaceful.
- 9:30-11 a.m. Community Yoga. All levels. Town Hall Fitness Room.
- 11-11:30 a.m. Free guided tours of RMBL.
- 5-6 p.m. All Saints in the Mountain Episcopal Church Eucharist at Queen of All Saints Catholic Church. 349-9371.
- 5-7 p.m. Pick-Up Adult Basketball. HS Gym, CBCS.
- 5:30-7 p.m. Restorative Yoga at Yoga For The Peaceful.
- 6 p.m. AA meets at UCC.
- 6:30 p.m. Duplicate Bridge at UCC. Call 349-9296.
- 6:30-7:30 p.m. Hatha Yoga. All levels. Town Hall Fitness Room.
- 7 p.m. Gamblers Anonymous meets at the Last Resort.
- 7:30-8:15 p.m. Pranayama & Meditation. Town Hall Fitness Room.

MONDAY 19

- 6:30 a.m. Strength and Conditioning with Janae or Pip at CORE. 901-4413.
- 7 a.m. Boot Camp Class at The Gym. 349-2588.
- 8:30-9:30 a.m. Worship Service at Oh-Be-Joyful Church.
- 8:30-9:45 a.m. Vinyasa Flow Yoga - All levels. Town Hall Fitness Room.
- 8:45 a.m. Core Power Yoga Class at the Pump Room.
- 8:45 a.m. Pilates at The Gym. 349-2588.
- 8:45-9:45 a.m. Achy Back/Creaky Knees class at Jerry's Gym. (runs through Nov. 18)
- 9-10:30 a.m. Prana Vinyasa at Yoga For The Peaceful.
- 10-11:15 a.m. Ayuryoga - Yoga Rejuvenation. Town Hall Fitness Room.
- 11:30 a.m.-12:30 p.m. Lunch Break Yoga. All levels. Town Hall Fitness Room.
- noon-1 p.m. Yoga Therapeutics at Yoga For The Peaceful.
- 12:30 p.m. ACBL Sanctioned Open Bridge Game. 349-5535.
- 4-8 p.m. Soo Bahk Do classes for kids and adults. 349-7752.
- 5 p.m. Mothering Support Group at the GVH Education House, 300 East Denver St. (First Monday of every month.)
- 5:30 p.m. Communion Service at Queen of All Saints Catholic Church.
- 5:30 p.m. Yin/Yang Circuit with Ginny and Jess at CORE. 901-4413.
- 5:30-6:45 p.m. Gentle Restorative. All levels. Town Hall Fitness Room.
- 5:30-7 p.m. Moms in Motion class at the GVH rehab gym.
- 6-7:15 p.m. Winter Conditioning class at the Middle School Gym. (runs through Nov. 19)
- 7:30 p.m. Open AA at UCC. 349-5711.
- 7:30 p.m. Narcotics Anonymous meets at 114 N. Wisconsin St. in Gunnison.

TUESDAY 20

- 7 a.m. The Whatever Class at The Gym. 349-2588.
- 7-8 a.m. Hatha Yoga. All Levels. Town Hall Fitness Room.
- 7:30 a.m. AA/Alanon Open at UCC. 349-5711.
- 8-8:45 a.m. Pranayama & Meditation. Town Hall Fitness Room.
- 8:30-9:30 a.m. Worship Service at Oh-Be-Joyful Church.
- 8:45-10 a.m. Vinyasa at Yoga for the Peaceful.
- 9 a.m. Guided Walking Tour of Crested Butte with the Crested Butte Mountain Heritage Museum. Meet at museum. 349-1880.
- 9 a.m.-3 p.m. Gunnison County branch office is open at the Crested Butte Town Offices, 507 Maroon Ave.
- 10:30-11:45 a.m. Yoga Basics at Yoga for the Peaceful.
- 11:30 a.m. League of Women Voters meeting at 210 W. Spencer in Gunnison.
- 11:30 a.m.-12:30 p.m. Lunch Break Yoga - All levels. Town Hall Fitness Room.
- noon AA Closed at UCC.
- 2-4 p.m. Tech Tuesdays at Old Rock Library. 349-6535.
- 4-5:30 p.m. St. Mary's Garage. 300 Belleview, Unit 2. Free clothing and bedding. 970-275-5285.

- 5:15 p.m. RedCord suspension class at Western Pilates Studio in Crested Butte. 596-1714.
- 5:30 p.m. Communion Service at Queen of All Saints Church.
- 5:30-6:45 p.m. Slow Flow at Yoga For The Peaceful.
- 5:30-6:45 p.m. Vinyasa Flow. All levels. Town Hall Fitness Room.
- 5:45 p.m. All Levels Iyengar Yoga Class at The Gym. 349-2588.
- 6-7 p.m. Community Connection Night at UCC Parlour.
- 6-7:15 p.m. Winter Conditioning class at the Middle School Gym. (runs through Nov. 19)
- 6-7:15 p.m. Celebrate Recovery upstairs at Oh Be Joyful Church. 970-596-3846.
- 6-8 p.m. Adult outdoor pick-up soccer in Town Park. 349-5338.
- 7 p.m. Alanon meeting at the Last Resort.
- 7-7:45 p.m. Aerial Conditioning with the Crested Butte Dance Collective at the Center for the Arts. 349-7487.
- 7-8:30 p.m. Blessing Way Circle support group at Sopris Women's Clinic. 720-217-3843.
- 7-9 p.m. Pick-up adult Karate, Fitness Room at Town Hall.
- 7:45-8:30 p.m. Open Aerial with the Crested Butte Dance Collective at the Center for the Arts. 349-7487.
- 7:45-9:45 p.m. Drop-In Adult Volleyball, CBCS MS Gym.

WEDNESDAY 21

- 6:30 a.m. All Levels Iyengar Yoga Class at The Gym. 349-2588.
- 7:30 a.m. Rotary meeting at the Grand Lodge.
- 7:30-8:30 a.m. Prana Vinyasa at Yoga For The Peaceful.
- 8:30-9:30 a.m. Worship Service at Oh-Be-Joyful Church.
- 8:45 a.m. Mat Mix at The Gym. 349-2588.
- 8:45-9:45 a.m. Achy Backs, Creaky Knees class at Jerry's Gym. (runs through Nov. 18)
- 9-10:30 a.m. Prana Vinyasa at Yoga For The Peaceful.
- 9:30 a.m.-2 p.m. Two Buttes Senior Citizens van transportation. Roundtrip to Gunnison. 275-4768.
- noon Closed AA at UCC.
- noon-1 p.m. Slow Flow at Yoga For The Peaceful.
- 4 p.m. Water Warriors - Coal Creek Watershed Coalition at the Old Rock Library.
- 4-8 p.m. Soo Bahk Do classes for kids and adults. 349-7752.
- 5 p.m. Mass at Queen of All Saints Catholic Church.
- 5:30 p.m. Prenatal Yoga class in Crested Butte South. 349-1209.
- 5:30-6:30 p.m. Ayurvedic Lecture series. Town Hall Fitness Room.
- 5:45 p.m. Boot Camp Class at The Gym. 349-2588.
- 6-7:15 p.m. Kaiut Yoga at Yoga For The Peaceful.
- 6:30-7:45 p.m. Restorative Yin Yoga Nidra. All levels. Town Hall Fitness Room.
- 7-9 p.m. "GriefShare," a grief recovery seminar and support group, meets at Mt. Calvary Lutheran Church, 711 N. Main St., Gunnison. 970-349-7769.

EVENTS & entertainment

THURSDAY 15

- 4-5:30 p.m. Recreation Mapping Workshop at WSCU Taylor Hall Computer Lab.
- 5-7 p.m. Why Yes on 5A? meeting at Donita's.
- 6-8 p.m. Silent Tracks hosts its 2015 Gunnison Kick-Off Membership Drive at High Alpine Brewing Company, 111 N. Main St., Gunnison.
- 7 p.m. *Beneath Blue Mesa: The Gunnison River before Blue Mesa Reservoir* at the University Center Movie Theatre, WSCU.
- 7 p.m. Crested Butte Film Series presents *The Little Death* at the Center for the Arts.
- 10 p.m. Karaoke upstairs in the Sky Bar at the Talk of the Town.
- 10 p.m. Lyrics Born plays at the Eldo.

- Pottery at the Art Studio of the Center for the Arts. 349-7044.
- 3-7 p.m. Happy Hour Sundays with Chuck Grossman at the Eldo.
- 6 p.m. Crested Butte News hosts the Candidates Forum at the Center for the Arts.

MONDAY 19

- 3:45-5:45 p.m. Halloween Paint-Your-Own-Pottery at the Art Studio of the Center for the Arts. 349-7044.
- 4:30-6:30 p.m. Meet & Greet with Laura Mitchell and Erica Vohman at the Brick Oven.
- 6:30 p.m. Monday Night Football: Giants vs Eagles at the Majestic Theatre.
- 8 p.m. Shannon Stichter hosts Open Mic Night at Pitas in Paradise.

TUESDAY 20

- 3:45-5:45 p.m. Halloween Paint-Your-Own-Pottery at the Art Studio of the Center for the Arts. 349-7044.

WEDNESDAY 21

- 2-6 p.m. The annual Public Health Flu Clinic at Town Hall. 641-0209.
- 6 p.m. Books-N-Bars to discuss *Theft* at Montanyas. 349-6535.
- 7-10 p.m. Teen Late Night Study for high school students at the Old Rock Library.
- 7:30 p.m. Pool Tournament upstairs at the Talk of the Town.

FRIDAY 16

- 7:30 p.m. The Family Weekend Concert at the Aspinall-Wilson Center South Room.

SATURDAY 17

- 10 a.m. Western State Colorado University's cross country program holds the 65th annual W Mountain Race.
- 10 p.m. Intuit plays at the Eldo.

SUNDAY 18

- 12-5 p.m. Halloween Paint-Your-Own-

KIDScalendar

THURSDAY 15

- 9 a.m. Munchkin's Music & Dance Class in the High Attitude Dance Academy in Gunnison.
- 3-8 p.m. Youth Gymnastics, Jerry's Gym at Town Hall 349-5338.

FRIDAY 16

- 11 a.m. Big Kids Storytime for ages 3 and up and Old Rock Library.

MONDAY 19

- 4 p.m. Soo Bahk Do classes for kids at Town Hall. 349-7752.
- 4:45 p.m. Soo Bahk Do classes for juniors at Town Hall. 349-7752.

TUESDAY 20

- 11 a.m. Romp & Rhyme Storytime for families and kids of all ages at Old Rock Library.
- 3-8 p.m. Youth Gymnastics, Jerry's Gym at Town Hall 349-5338.

WEDNESDAY 21

- 9 a.m. Munchkin's Music & Dance Class in the Fitness Room at Old Town Hall.
- 10 a.m. Munchkin's Music & Dance Class in the Fitness Room at Old Town Hall.
- 11 a.m. Babies and Toddlers Storytime at Old Rock Library.
- 3:45 p.m. Tween Scene at the Old Rock Library.
- 4-8 p.m. Soo Bahk Do classes for kids at Town Hall. 349-7752.

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Saturday: 11 a.m.-4 p.m. • Sunday: 1-5 p.m.